

CORCOVADO HIGHLIGHT TREKS

7 DAYS & 6 NIGHTS

Tour description



Day 1 Osa Peninsula: By lunchtime, you should arrive at Puerto Jiménez.
Accommodation: Agua Luna Hotel or similar



Day 2 Corcovado National Park: Corcovado National Park has one of the highest levels of biodiversity in the world. It is a wild region, with an abundance of rare wildlife, and the last area of primary forest on a Pacific coastline in Central America. The climate is very hot and humid which enables the trees to grow to heights of 70 meters. The park contains a fourth of the tree species of Costa Rica. Corcovado National Park encompasses eight habitats from mangrove swamp to rain forest. The park protects over 400 species of birds, 116 species of amphibians and reptiles and 139 mammals. Corcovado is one of the only two places in the country that harbor squirrel monkeys. It is one of the last stands for the harpy eagle.

Four species of sea turtles nest on the park's beaches. **Accommodation: Shelter at Sirena Ranger Station. [Breakfast, Lunch and Dinner].**



Day 3 Sirena Ranger Station: Your base camp overlooks a spectacular, wild tropical beach surrounded by vast rain forest wilderness. Habitat of jaguar, tapir, squirrel monkey, peccaries, and a healthy population of scarlet macaws, this is one of the best places in Central America to watch wildlife. Today you hike and explore the surrounding environment including a night walk with flashlights in search of nocturnal wildlife.
Accommodation: Shelter at Sirena Ranger Station. [Breakfast, Lunch and Dinner]

Ocarina Expeditions

Phone: 2229-4278, 2229-2848 Fax: 2229-5041, Cel.: 8824-2796

e-mail: ocarina@racsa.co.cr, info@ocarinaexpeditions.com

web: www.ocarinaexpeditions.com, www.ocarinatours.com



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Day 4 San Pedrillo: In the morning, boat picks you up at the Ranger Station in Sirena and along lush rainforest and past flocks of Scarlet macaws and exciting river mouths you arrive Rangerstation San Pedrillo. Enjoy the hike to an extraordinary waterfall. Arrival at Jinetes de Osa Lodge in the afternoon, located on the untouched beaches in the southwest of the peninsula. Catch the sunset from the front porch of your beach front tent and listen for the howler monkeys calling in the distance. **Accommodation: Jinetes de Osa Lodge or similar.**
[Breakfast and Dinner]



Day 5 Caño Island: Caño Island is an ancient mountain between 40 and 50 million years old. The island is the site of a pre-columbian cemetery and is of great archeological importance. Many artifacts can still be found, such as the round stone spheres made by former native Indian peoples. Fresh water springs spill clear water over cliffs, creating waterfalls along the miles of coral sand beaches ringing the island. While snorkeling, you will enjoy viewing the great variety of fish, including huge porcupine fish, as well as populations of mollusks, crustaceans and other invertebrates which abound in the crystal clear, turquoise coastal water and tital pools. Five corals platforms can be found offshore, in which 15 species of stony coral have been identified. On the boat ride to the island, boobies and frigate birds, humpback whales, dolphins, sea turtles, manta rays and sailfish are often sighted. After your arrival to Caño Island, you will be guided to the cemetery site and a waterfall. Upon returning to the coral sand beach, a picnic will be served and you are free to explore the aquatic and terrestrial treasures on and around Caño Island. **Accommodation: Jinetes de Osa Lodge or similar.**
[Breakfast, Lunch and Dinner]



Day 6 Dolphin Encounter Tour: Discover the extraordinary marine world of dolphins and whales. Immerse yourself in the phenomenal experience of observing large groups of different species come together in warm, clear tropical waters. Witness their natural behaviors in their natural habitat. Be a part of the pod as we respectfully observe feeding, socializing, traveling and playful behaviors. Hear the dolphins' and whales' clicks, whistles and singing through our on-board hydrophone. **Accommodation: Jinetes de Osa Lodge or similar.**
[Breakfast, Lunch and Dinner]

Day 7 Back to San Jose: Flight back to San José. End of services

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DIFFICULT		
SERVICES	ITINERARY	
<ul style="list-style-type: none"> ➤ Transport at Peninsula ➤ Naturalist guide ➤ 6 overnights ➤ Meals ➤ National Park fees ➤ Corcovado hikes ➤ Caño Island tour 	Day 1	Day 2
	Transfer to Carate Overnight: Agua Luna Lodge or similar	Hike from Carate to Sirena Station. Overnight: Sirena Shelter at National Park (Breakfast, Lunch, Dinner)
	Day 3	Day 4
	Hikes around Sirena. Overnight: Sirena Shelter at National Park (Breakfast, Lunch Dinner)	Boat transfer from Sirena to San Pedrillo Waterfall Hike Boat transfer to Drake Bay Overnight: Drake Bay Area (Breakfast, Dinner)
	Day 5	Day 6
	Tour Caño Island Overnight: Drake Bay Area (Breakfast, Lunch Dinner)	Dolphin Encounter Tour Overnight: Drake Bay Area (Breakfast, Lunch Dinner)
	Day 7	
Time to swim Flight Back to San José		

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ACCOMMODATION

CORCOVADO TREKS	
LA LEONA ECOLOGE TENT CAMP	
Location: Carate 16 tents Shared bathrooms Restaurant	
JINETES DE OSA HOTEL	
Location: Drake Bay Area Standard Room w/share Bath restaurant	
CORCOVADO NATIONAL PARK	
Location: National Park Sirena Station. 2 bunk beds for 4 people per room. Camping area 2 shared bathroom Blankets are not provided.	
Note: Overnight in tents, if shelter has no space available, Tents provided by Ocarina.	

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ALTITUDES & AVERAGE TEMPERATURES

FEET AND °FAHRENHEIT		
	San José	Osa Península
ALTITUDES	3.800 ft	Sea level
TEMP DAY	80°F	85 – 90°F
TEMP NIGHT	65°F	75°F

METER AND °CELSIUS		
	San José	Osa Península
ALTITUDES	1.200 m	Sea level
TEMP DAY	25°C	30 - 32°C
TEMP NIGHT	18°C	24°C

Climate

Trekking in the Osa Peninsula will be hot and humid, although the forest canopy blocks intense tropical sunlight.

Time to go

Dry season	December to April
Rain Season	May to November Rainfall occurs from noon on. Small summer season in July/August

Trail conditions

- on the sand along the beach
- up and over coastal headlands
- through streams
- slippery up and down
- muddy slopes.

Drink plenty of fluids!

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TRAILS	DISTANCES	TIMES
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CORCOVADO HIGHLIGHT TREK				
Trails	Location	Distance		Time
In rain forest covered with roots, could be muddy	Leona Beach Hike Río Madrigal	KM	12.0	6 hours
		miles	7.5	
In rain forest covered with roots, sandy beach	Sirena Rangerstation	KM	15.0	6 hours
		miles	9.5	
In rain forest covered with roots, could be muddy	Sirena Rangerstation Divided in 2 hikes	KM	8.0	2,5 hours/each
		miles	5.0	
In rain forest covered with roots, could be muddy	San Pedrillo Rangerstation	KM	8.0	4 hours
		miles	5.0	

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ESSENTIALS TO BRING

Good rucksack to carry your gear
Plastic water bottle
Personal water filter to refill your water bottle. Recommended, but not necessary
Good rain poncho
Light-weight, quick-drying clothes for jungle trekking
Sunscreen and insect repellent
Trousers - light weight pants (jeans are not recommended-too slow to dry)
cotton shirts - long and short sleeves
Short hiking socks
Flashlight with spare batteries
Bulb binoculars
Footwear – Lightweight hiking boots with traction and ankle support
Plan on getting your feet wet daily on the trek (spare pairs of socks are necessary), and be sure your footwear is broken in before the trip
Hat(s) with visor for rain and sun protection
Walking sticks are recommended.
Sleeping Bag “light” (For Corcovado Shelter)
Mosquito Net

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