

CERRO ESCONDIDO ADVENTURE

2 DAYS & 1 NIGHTS

Tour Description



Day 1: Arrive at Karen Mogensen Reserve: The reserve has about 5km of well-maintained hiking trails. One trail leads to Bridal Veil Falls, one of Costa Rica's most spectacular waterfalls which cascades into a refreshing natural swimming pool. We arrive to Karen Mogensen Reserve entrance, where we go to enjoy the lunch prepared at Hermanos Rojas Café. After lunch we start our hike to the waterfall and natural pool. At night we will have a small chat from the conservation association at Cerro Escondido Lodge. **Overnight: Cerro Escondido lodge or Similar. (Lunch, Dinner)**



Day 2: Morning Hike: Early in the morning we will start our hike to see the sunrise at the observation tower, place where you can see different types of birds, and enjoy the forest. Then we will return to the lodge to have breakfast, and start our hike back. Return to San José

Ocarina Expeditions

Phone: 222-94-278, 222-92-848 Fax: 222-95-041, Cel.:882-42-796,

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MODERATE		
SERVICES	ITINERARY	
<ul style="list-style-type: none"> ➤ Transport ➤ Bilingual guide ➤ 1 overnights ➤ Meals ➤ Reserve fees 	Day 1	Day 2
		Transfer from San José Hike to Karen Mogensen reserve Hike Overnight: Cerro Escondido Lodge o similar. (Lunch, dinner)

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ACCOMMODATION

Cerro Escondido Lodge

Location: Peninsula de Nicoya

4 cabins with 4 beds, each of them with a large balcony and private bathroom.
16 people capacity.
Solar energy power.



Transport

Minivan with a/c up to 7 people

Minibus with a/c from 8 people on



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ESSENTIALS TO BRING

Good rucksack to carry your gear
Plastic water bottle
Personal water filter to refill your water bottle. Recommended, but not necessary
Good rain poncho,
Warm clothes (layered, polypropylene) to keep warm in damp and cold mountains
Sunscreen and insect repellent
Cotton shirts - long and short sleeved
Parka
Trousers - light weight pants (jeans are not recommended-too slow to dry)
Short hiking socks
Hat(s) with visor for rain and sun protection
Flashlight with spare batteries
Bulb binoculars
Footwear – Lightweight hiking boots with traction and ankle support
Plan on getting your feet wet daily on the trek (spare pairs of socks are necessary), and be sure your footwear is broken in before the trip
Walking sticks are recommended.

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